

**Mrs. Dorothy Koo and Dr. Ti Hua Koo Centre for Interdisciplinary
Evidence-Based Practice and Research**
2024-2025 Wednesday Lunchtime Seminar Series

**Conducting family studies with the lens of marital, parent-child, and
sibling subsystems**

30/07/2025 | 12:30 - 14:00 (Hybrid Mode)



Room 105, 1/F, Main Building, HKSYU, 10 Wai Tsui Crescent, Braemar Hill, Hong Kong



Zoom Meeting ID: 975 4583 1321 (Passcode: 123456)

Family relationships are crucial to understanding individual adjustment. A family systems perspective posits that a family can be composed of different subsystems, each of which may have unique implications for the well-being of each family member. In this seminar, the speaker will use three studies to illustrate how marital, parent-child, and sibling dynamics may shape individual adjustment. The first study showed how individuals' psychological and social adjustment might be shaped by the worry and mindfulness of their spouses. The second study showed how maternal mindful parenting might mediate the association between family economic pressure and child behavioral and academic adjustment. The third study showed how maternal differential treatment of siblings might shape child social and emotional adjustment.

Speaker: Dr. Ian LAM, Chun Bun



Dr Lam is an associate professor of the Department of Early Childhood Education and a co-director of the Centre for Child and Family Science in The Education University of Hong Kong. He studies how marital, parent-child, and sibling relationships may shape individual development. His 70+ academic journal articles have been cited more than 2,000 times in the literature. Dr Lam was elected President of The Committee on Early Childhood Education, Curriculum Development Council, in both 2021-2023 and 2023-2025.



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Chaired by Ms Helen Kwok & Prof Catherine Tang

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