

**Mrs. Dorothy Koo and Dr. Ti Hua Koo Centre for Interdisciplinary
Evidence-Based Practice and Research**
2024-2025 Wednesday Lunchtime Seminar Series

**Ageing in a Multicultural Society: A Qualitative Study on the Quality
of Life of South Asian Older Adults in Hong Kong**

25/06/2025 | 12:30 - 14:00 (Hybrid Mode)



Room 105, 1/F, Main Building, HKSYU, 10 Wai Tsui Crescent, Braemar Hill, Hong Kong



Zoom Meeting ID: 975 4583 1321 (Passcode: 123456)

As Hong Kong's population ages, developing sustainable social and public policies is essential to support the well-being of older adults. While the government has promoted "active ageing" and invested in creating an age-friendly community, existing policies often overlook the specific challenges faced by ethnic minority older adults, particularly South Asians (Indian, Pakistani, and Nepalese). This qualitative study explores the lived experiences of South Asian older adults in Hong Kong, focusing on their perceptions of life across four domains: physical and functional well-being, psychological well-being, social well-being, and economic well-being. Through in-depth interviews, the research investigates how family responsibilities, ethnic community ties, and aspirations for return migration shape their life satisfaction and expectations, often diverging from those of their Chinese counterparts. The findings aim to inform the development of inclusive active ageing policies that address the diverse needs of a multicultural population in Hong Kong's ageing society.

Speaker: Dr. Terence SHUM, Chun Tat



Dr. Terence Shum is the Acting Head of Social Sciences, Assistant Professor, and Deputy Director of the Public and Social Policy Research Centre at the School of Arts and Social Sciences, Hong Kong Metropolitan University. His research focuses on migration and development, particularly on ethnic minorities, refugees, border governance, identity, home-making, social integration, and multiculturalism. His work has been published in international refereed journals. He is also the co-editor of *Housing and Ageing Policies in Chinese and Global Contexts: Trends, Development, and Policy Issues* (co-edited with Prof. Charles C.L. Kwong, Springer).



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Chaired by Dr Gigi Lam & Dr Flora Lau

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