



Graduate School
HONG KONG SHUE YAN UNIVERSITY



MRS DOROTHY KOO &
DR TI HUA KOO
CIEBPR
Centre for Interdisciplinary
Evidence-based Practice and Research

**Mrs. Dorothy Koo and Dr. Ti Hua Koo Centre for Interdisciplinary
Evidence-Based Practice and Research**
2023-2024 Wednesday Lunchtime Seminar Series

**An application of an integrated and sustainable mHealth app (Lifestyle
Reactivation System) for promoting healthy ageing within a home
environment in Hong Kong**

[29/11/2023 | 12:30 - 14:00 \(Hybrid Mode\)](#)



RHB 108, Research Complex, HKSJU, 6 Wai Tsui Crescent, Braemar Hill,
Hong Kong



Zoom Meeting ID: 965 1422 4894

The seminar will report the findings of evaluating eight mHealth applications' performance concerning self-care and health management for older adults. It will also explore the impact of technology acceptance and ICT competence on their life satisfaction, self-care self-efficacy, and health and wellbeing.

The research project encompasses a mixed-methods approach with five key components and this presentation will only concentrate on the findings drawn from the landscape study and the baseline survey, using the Lifestyle Reactivation (LR) System of the Evangelical Lutheran Church Social Service - Hong Kong as a show case.



Speaker: Dr. Ben Chi Pun Liu

Dr. Ben Chi-pun LIU, PhD, FHEA, RSW (HK & England), is an Associate Professor of Social Work cum Director of Centre on Social Work Clinical Practice, Research, and Training Partnership of Hong Kong Shue Yan University. His research interests focus on ageing through an intersectional life course perspective, and safeguarding and protecting vulnerable people and families.

Speaker: Dr. Steve Fu Fai Fong

Dr. Steve Fu Fai FONG is the Head of the Department of Social Work of Hong Kong Shue Yan University. He has research interests in innovative practice and social service management. His roles in this study include the qualitative inquiry of the experience of the service users, their carers, and the staff members, as well as the service delivery model building for the service operators.



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Chaired by: Dr Steve Fong and Dr Kitty Mo
Department of Social Work
Hong Kong Shue Yan University