



Graduate School



Wan Chow Yuk Fan Centre for Interdisciplinary Evidence-Based Practice and Research (CIEBPR)

2022-2023 Wednesday Lunchtime Seminar Series

Lay health worker intervention as a solution to manage pre-diabetes in Chinese living in inadequate houses

26 Oct 2022 | 12:30 pm - 02:00 pm (Hybrid Mode)

 RHB 108, Research Complex, HKSU, 6 Wai Tsui Crescent, Braemar Hill, Hong Kong

 Zoom Meeting ID: 980 0989 5132 **Speaker: Dr. Crystal Ying Chan**

Lay health workers, despite their lack of formal trainings, are important partners in providing accessible care to people with risk to develop diabetes in the community. While pre-diabetes and diabetes are more prevalent among people with low socio-economic status, including those living in inadequate houses. However, this population often have accessibility problems to formal care services due to their financial and social disadvantages. In a high-income, developed Chinese society, this pragmatic randomized controlled trial seeks to investigate the effect of a 6-months lay health worker intervention in diabetes management among people living in sub-divided flats units in Hong Kong. Our trial is one of the first to investigate the effect of lay health worker intervention on pre-diabetes management in a low-income Chinese population residing in inadequate houses. This study could provide insights to consider alternative service provision models to people living with diabetes risk in the community.



Dr. Crystal Ying Chan is a public health researcher with research interests in poverty and health, family caregiving burden and health, and realist evaluation of interventions. She earned her doctoral degree and bachelor's degree in Public Health at the Chinese University of Hong Kong. Her previous research experience included various commissioned projects supported by the Sham Shui Po District Council (HK), the Jockey Club Charities Trust (HK), and the Wellcome Trust (UK). Profile: <https://linktr.ee/chanyingcrystal>



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