



**EBP** Centre of Interdisciplinary Research in  
EVIDENCE-BASED PRACTICE

## IDS Workshop Series

2<sup>nd</sup> August 2018  
7-9:30p.m.

3<sup>rd</sup> August 2018  
7-10p.m.

Registration Link:



Website: <https://ids.hksyu.edu/cebp/home>  
Contact: [cebp@hksyu.edu](mailto:cebp@hksyu.edu) / 2804 8579

WORKSHOPS BY MR. JONAH LI (PH.D. STUDENT, INDIANA UNIVERSITY)

ABOUT THE SPEAKER

### Workshop 1- Evidence-Based Practice in Psychology: The Effective Counseling and Psychotherapy

### Workshop 2 - Working with Diverse Clients and Going Beyond the Therapy Room: Multicultural and Social Justice Counseling Competencies

#### Contents:

#### Workshop 1:

- Is counseling and psychotherapy effective?
- Evidence-based practice in psychology
- The heart and soul of the effective psychotherapy
- Introducing some clinical outcome measures

#### Workshop 2:

#### Part I: The Forth Force: Multicultural Counseling

- Why multicultural counseling?
- Multicultural variables and identities
- Common reaction to perceived differences: Microaggression
- Relevant APA ethical principles
- Becoming multicultural counseling competent
- Developing multicultural orientation
- Research implications and personal examples

#### Part II: The Fifth Force: Social Justice counseling

- Why social justice counseling?
- What is social justice
- The counselor role and identity
- From here to there: Advocacy as a means to reach social justice
- Merging together: Multicultural and Social Justice Counseling Competencies
- Conclusion: On becoming a social justice advocate

*Who should join:* Helping professionals e.g. counsellors, psychologists, psychiatrists, social workers; Teachers and career Masters, Students majoring in Counselling-related discipline.

#### Co-organizer



Jonah Li (李寶輝) is currently a Ph.D. student majoring in Counseling Psychology and minoring in Inquiry Methodology at Indiana University (IU) in the U.S. Previously, he earned his M.A. at University of Denver (DU) and B.S.S. at Hong Kong Shue Yan University (HKSJU).

#### Workshop Details:

#### Fee per workshop:

- Free - SYU staff, students and alumni
- \$50 - APCPA members
- \$100 - Non-APCPA members

#### Venue:

RLB 502, Research Complex, Hong Kong Shue Yan University, 6 Wai Tsui Crescent, Braemar Hill, North Point

#### Language:

Cantonese supplemented with English

This event is supported by UGC/IDS 15/16